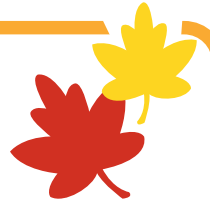


## Nature Appreciation Walk: Showing Our Gratitude Towards Nature



- Go on a walk in nature and use your senses to observe your environment.
- Write and draw your observations below.
- Then, write your appreciations in a letter to nature on the following page.



### Plants

What plants do you see? Describe their size, shape, and color. Draw a picture of your observations. \_\_\_\_\_

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### Animals

What animals do you see? Describe them and what they are doing at the time you observe them. Don't forget to carefully lift up a rock or log to observe any critters living underneath! Draw a picture of your observations.

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### Weather

How is the weather? Is it a warm or cool day? Is the sun shining or is it cloudy? Is there a breeze? How does the weather make you feel? Draw a picture that represents today's weather.

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### Sounds

What sounds do you hear? Where are they coming from? How would you describe the sounds? How would you draw the sounds you hear?

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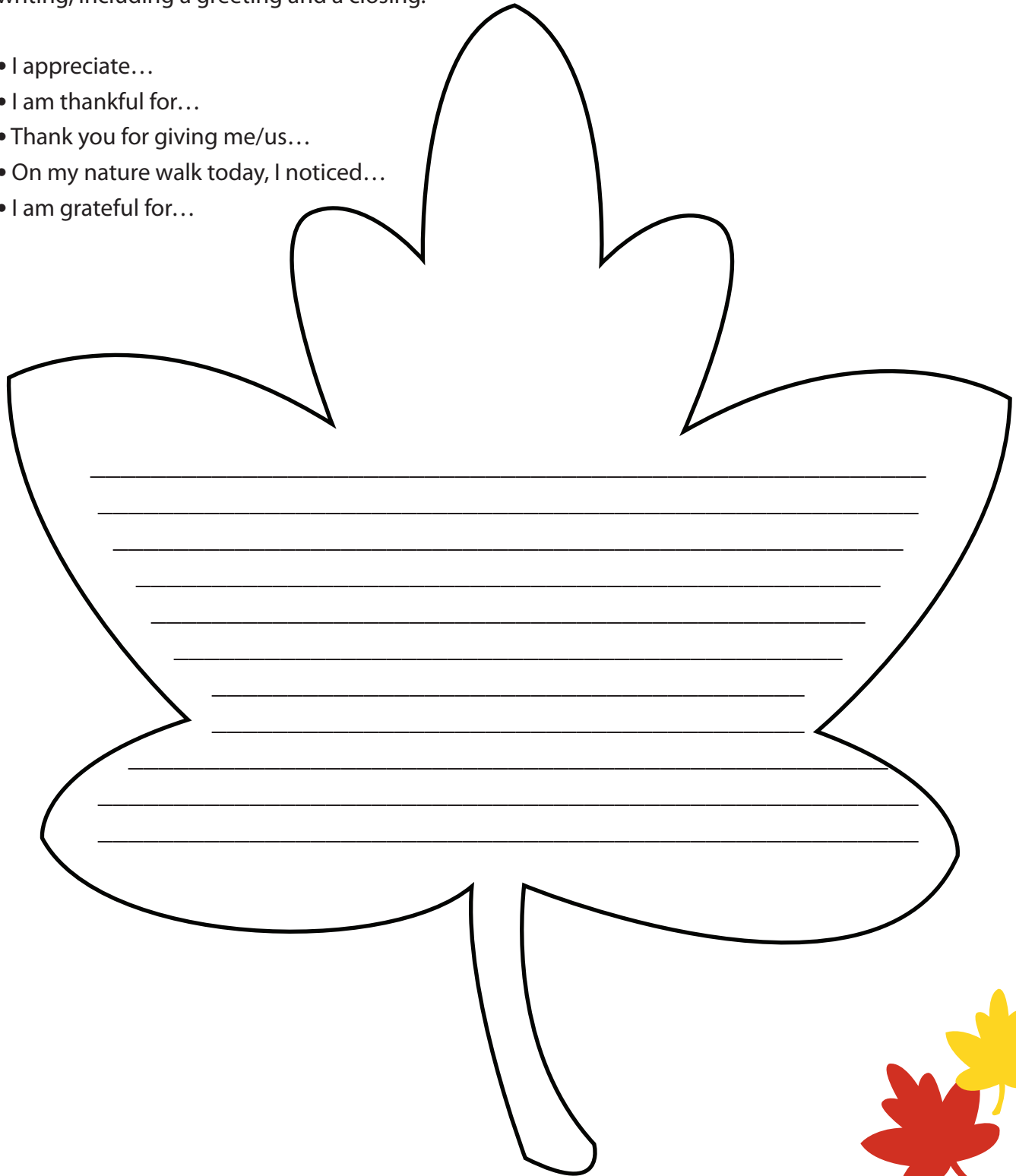
Name \_\_\_\_\_

Date \_\_\_\_\_

# Letter of Gratitude Towards Nature

From the observations you described on the first page, write a letter of gratitude towards nature. Use the following sentence stems to guide your writing. Remember to use the correct format for letter writing, including a greeting and a closing.

- I appreciate...
- I am thankful for...
- Thank you for giving me/us...
- On my nature walk today, I noticed...
- I am grateful for...



A large outline of a maple leaf is centered on the page. Inside the leaf's shape, there are ten horizontal lines for writing. The leaf has three main lobes at the top and a stem at the bottom.

