

## CFST Leaders in Carver Zone:

**Carver High School**  
**Social Worker:** 336-413-8396  
**Nurse:** 336-345-6755

**Easton Elementary School**  
**Social Worker:** 336-978-6201  
**Nurse:** TBD

**Ibraham Elementary**  
**Social Worker:** 336-399-7330  
**Nurse:** 336-345-6743

**The Appalachian State University  
Academy at Middle Fork**  
**Social Worker:** 336-3699-7344  
**Nurse:** 336-748-4084

## CFST Leaders in Parkland Zone:

**Parkland High School**  
**Social Worker:** 336-462-2193  
**Nurse:** 336-830-2900

**Philo-Hill Magnet Academy**  
**Social Worker:** 336-703-4165\*  
**Nurse:** 336-746-900-3597

**Diggs-Latham Elementary**  
**Social Worker:** 336-399-7019  
**Nurse:** 336-345-7338

# How can you help

## WS FCS students?

You can start by simply making a tax-deductible donation to the Lynne H. Berry School Buddies Fund, which supports the Food For Thought pantry as well as the purchase of alarm clocks, school supplies, shoes, underwear, clothing, city bus passes and endless other essential items not covered by existing resources. 100% of donations go to student needs!

Donations may be sent to:  
WS/FCS Social Work Department  
601 N. Cherry St., Suite 300  
Winston-Salem, NC 27101



Tricia McMannus, Superintendent

Sheila Thorp,  
Director of School Social Work Department  
601 N Cherry St., Suite 300  
Winston-Salem, NC 27101 336-748-4007



## Child and Family Support Teams



Carver High School

Diggs-Latham Elementary

Easton Elementary School

Ibraham Elementary School

Parkland High School

Philo-Hill Magnet Academy

The Appalachian State University  
Academy at Middle Fork

\* Number for the school

# School-Based Child and Family Support Teams



**C**hild and Family Support Teams (CFST) join with families to identify and coordinate appropriate community services and support for children at-risk of school failure in order to address the physical, social, legal, emotional, and developmental factors that affect academic performance.

## Foundational Values

- Family and parental involvement in the planning, delivery, and monitoring of all services
- One child, one team, one plan
- Delivery of services in the most appropriate setting for the family – school, home, community
- Development of service plans emphasizing family and child strengths
- Promotion of inter-agency collaboration

## Program Description

The school-based CFST is comprised of a full-time clinical social worker and a full time registered nurse at each of the seven school sites within the district. Their primary responsibilities include:

- Identifying and assessing children with unmet or complicated physical, social, legal, emotional and/or developmental needs
- Partnering with families to develop teams of community and family members who are committed to the child's success
- Facilitating Team meetings that develop a unified plan to support the child and family
- Providing student supportive services at school and at home
- Connecting students to appropriate services as determined by the plan
- Monitoring implementation of the service plan



## Referral Process

- Referrals can be made by anyone who is concerned about a student who is enrolled in a CFST school
- Referral forms may be obtained from and submitted to a CFST social worker or nurse. Contact information for CFST schools is included in this brochure
- Upon referral, the CFST social worker and nurse will interview the student and family as part of the initial assessment
- Upon acceptance into the program, a plan for services will be created and implemented with the participation of the student and concerned family members

