

## COMMUNITY RESOURCES IN FORSYTH COUNTY

- **Academic Assistance (Literacy, Tutoring, etc.)**

- **[Read | Write | Spell](#)**

- Read | Write | Spell utilizes proven and effective approaches to reading to help struggling readers with one-to-one reading instructions. Services include phonological and phonemic awareness, listening comprehension, and letter formation.

- **[ViP Tutoring](#)**

- Virtual & in-Person Tutoring Services is a nonprofit community outreach program based in Clemmons. Peer-to-peer tutors serve as a free education resource for K-9th grade students in Forsyth County who need extra support. ViP tutors are a select team of teacher-recommended students enrolled in advanced or college-level curriculum within WS/FCS.

- **After School Care Providers**

- **[YWCA Best Choice Center](#)**

- Located on Highland Avenue at 11<sup>th</sup> Street, the Best Choice Center is a well-respected academically focused after school program for K-8 grade students. The Center offers after school care (including full-day care on teacher workdays and most school holidays) and summer camp. 95% of after school program students maintained a C or higher in math, 92% in reading and 100% of campers enrolled for all weeks of enrichment maintained or improved their reading and math scores. By providing engaging programs in a caring, supportive environment, the accredited teachers and experienced staff spark a student's desire to be successful in school and life. In partnership with the United Way, the Best Choice Center offers sliding-scale tuition scholarships based on income. To enroll your child in an After School Program, visit the Best Choice Center at 1031 Highland Avenue or call 336.722.0597.

- **Disability Support Services**

- **[IFB Solutions](#)**

- IFB creates opportunities, builds community and provides independence for people who are blind or visually impaired. Resources include Community Low Vision Centers and Eyewear and Lab Services.

- **Emergency Assistance**

- **[Crisis Control Ministry](#)**

- Crisis Control Ministry assists individuals and families with meeting basic needs during moments of crisis or unfortunate circumstances. Services include food assistance, pharmacy, and financial assistance. They have offices in Winston-Salem and Kernersville.

- **Family Services**

- **[El Buen Pastor Latino Community Services](#)**

- El Buen Pastor offers Latino families preschool preparation, homework help and tutoring, summer programming, and other enrichment activities.

- **[Eliza's Helping Hands](#)**

- Eliza's Helping Hands is a local non-profit whose focus is to serve men, women, and children affected by domestic violence, sexual assault, human trafficking and other violent crimes that affect our community. We advocate for social justice for those who typically don't have a voice.

- **[Forsyth County Department of Social Services](#)**

- Social Services promotes self-reliance and self-sufficiency and works to prevent abuse, neglect, dependency and exploitation of vulnerable individuals, children and their families.

- **[Habitat for Humanity of Forsyth County](#)**

- Habitat is reviving entire neighborhoods, street by street and block by block. Strong and stable homes help build strong and stable communities. Since 1985, we've used this proven model of success that we call *Neighborhood Revitalization* and have fundamentally changed lives for 350+ families by making them new homeowners. Another 80+ families, elderly, and veterans have been served with home repairs to ensure they safely age in place or have a more secure home, and thousands others through our home maintenance trainings, partnerships, community cleanups, and work with neighborhood associations.

- **[Parenting Path](#)**

- Parenting Path aims to help strengthen families and enhance parent-child relationships. They offer interactive programs like Co-Parenting for Healthy Children, Fathers Are Parents Too, Peaceful Alternatives to Tough Situations (PATTS), and Parent/Teen Solutions (PTS).

- **Food Pantries**

- **[Crisis Control Ministry](#)**

- Winston-Salem: 200 East Tenth Street
    - Kernersville: 431 W Bodenhamer Street

- **[Clemmons Food Pantry](#)**

- 2660 Neudorf Road  
Clemmons NC 27012

- **Medical/Healthcare Support**

- **Arts for Life**

- Arts for Life is dedicated to supporting pediatric patients and families through arts education and engagement. Their programs provide educational interactions and positive healthcare experiences.

- **Cancer Services**

- Cancer Services provides (1) advocacy to assess client needs, secure financial and treatment support services, provide equipment and supplies, and connect clients to agency, local, and national resources, and (2) education and motivation to help survivors maintain a healthy lifestyle.

- **Forsyth County Department of Public Health**

- Public health works every day to strengthen communities by preventing illness and improving health.

- **Insight Human Services**

- Our programs help people examine and understand their mental health problems or misuse of drugs or alcohol, and then improve their self-image while developing healthier behavior. We believe evidence-based prevention programs work; treatment is effective; investing in prevention, intervention and treatment is more cost effective than relying on emergency healthcare or incarceration; each person has the right to access information about and help for substance misuse and mental illness. **We believe healthy living begins with Insight.**

- **School Health Alliance for Forsyth County (SHA)**

- The mission of the SHA is to improve the ability of students to learn by improving the health and safety of Forsyth County's school-age children and adolescents and by coordinating and targeting the efforts and resources of all types of community health care providers.

- **Mental Health**

- **CareNet Counseling**

- CareNet believes that everyone deserves to have a life supported by hope, courage and peace. They offer services for young children, teens, adults, and families.

- **Child Life at Brenner Children's**

- The Child Life Department helps infants, children, teens, and families cope with the stress of an illness, injury, trauma, disability, loss, and bereavement.

### Crossnore Clinical Services

Licensed therapists help children and families learn new strategies to address challenges, break ineffective patterns, evaluate difficult decisions, and overcome obstacles in order to lead a more fulfilling life together. *Referral required from local schools or Department of Social Services.*

- **Mentoring and Personal Development**

#### Big Brothers Big Sisters

As a volunteer-supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”) that ignite the power, potential, and promise of youth.

- **Substance Abuse Resources for Adolescents**

#### Individual Counselors

##### **Deb Young**

336-299-2725

515 College Rd.

Greensboro, NC 27410

##### **Ginny Mills with Full Life Counseling**

336-923-7426

983 Mar-Don Dr.

Winston-Salem 27410

##### **Chris Koniarczyk with Christopher John Counseling**

720-295-8657

[chris@cjcounseling.com](mailto:chris@cjcounseling.com)

#### Outpatient/Intensive Outpatient Programs

##### **Rising Hope**

888-446-7301

510 Northgate Park Dr.

Winston-Salem 27106

##### **The Insight Program**

336-852-3033

3714 Alliance Drive Suite 400

Greensboro 27407

##### **Alexander Youth Network**

855-362-8470

**Insight Human Services**

336-725-8389

665 W 4<sup>th</sup> St.

Winston-Salem 27101

Hospitals

**Old Vineyard**

336-794-3550

3637 Old Vineyard Rd.

Winston-Salem 27104

**Moses Cone Behavioral Health**

336-832-9700

700 Walter Reed Dr.

Greensboro 27403