



september

2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August SEL Calendars	1 <b>Lalilo: Virtual Morning Meeting Activities</b> <small>*Resource shared by Jenna Valentine-Turner</small>	2 <b>Self-Management Reflection</b>	3 <b>Virtual Classroom Jobs</b>	4 <b>Resource: CASEL 3 Signature Practices</b>
7	8 <b>Lalilo: Virtual Morning Meeting Activities</b> <small>*Resource shared by Jenna Valentine-Turner</small>	9 <b>Community Conversation Starters</b>	10 <b>SEL Essential Questions</b>	11 <b>Resource: Attendance Works</b>
14 <b>Mindful Monday: Body Scan</b> <b>Mindful Monday: Breathing Techniques</b>	15 <b>Lalilo: Virtual Morning Meeting Activities</b> <small>*Resource shared by Jenna Valentine-Turner</small>	16 <b>Digital Reflection Card</b>	17 <b>Resource: CASEL Suggested Activities</b>	18 <b>Resource: Self-Monitoring</b>
21 <b>Mindful Monday: (FREE RESOURCE) Inner Explorer App</b>	22 <b>Lalilo: Virtual Morning Meeting Activities</b> <small>*Resource shared by Jenna Valentine-Turner</small>	23 <b>Community Conversation Starters</b>	24 <b>Resource: Move This World</b>	25 <b>Resource: Staff Self-Care Planner</b>
28 <b>Have a student lead 1-2 minute mindfulness practice</b>	29 <b>Lalilo: Virtual Morning Meeting Activities</b> <small>*Resource shared by Jenna Valentine-Turner</small>	30 <b>End of Month Goal Setting</b>		